

1. The **Health Record** is where you will find information that one of our providers, or hospitals, may have on file for you or your family member including: medications, immunizations, allergies, lab results, and health conditions. In this area you have the ability to print your health information or request a medication renewal. Please note, at this time provider documentation regarding visits, and results for some tests (including HIV results) are not available.
2. **Messaging** should only be used for non-urgent communications with your provider or practice. You messaging inbox is a secure place to exchange messages with your family's provider(s) or healthcare teams.
3. **Appointments** gives you the ability to view upcoming appointments, request non-urgent appointments, and cancel or reschedule an existing appointment that is more than 24 hours away.
4. **Health Profile** is a snapshot of your health information based on your last visit with your healthcare provider.
5. **Results** shows your most recent results including blood pressure, vital signs, oxygen saturation, and heart rate.
6. **Documents** contains the information in the electronic medical record with your provider.
7. **Medications** lists all medications that you are currently using, based on your last visit with your provider.
8. **Procedures** lists any recent procedures you have had done.
9. **Chart Summary** links to snapshots of your visits with providers, able to be filtered by date range.
10. **Renew** takes you to a list of current medications prescribed by your provider, allowing you to request a prescription renewal.



A screenshot of the myNorthernLighthealth website's 'Health Profile' page. The page features a navigation menu on the left with items: Health Profile (4), Results (5), Documents (6), Medications (7), Procedures (8), and Chart Summary (9). The main content area is titled 'Health Profile' and includes a disclaimer about medical information, a section for 'Viewing health record for PATRICIA PATTERSON KING', and a 'Current Medications' section with a 'Learn More' link. At the bottom, there is a 'Renew' button (10) and a note: 'Your pharmacy may make changes, so be sure to ask your pharmacist for exact medication instructions.' The Northern Light Health logo is at the top left, and navigation icons for Health Record, Messaging, and Appointments are at the top right.

Helpful Tips

- Have a question about **myNorthernLighthealth**? Not sure where to go to find something? Forgot your password? The Customer Care line at 1-877-621-8014 is available, 24 hours a day, 7 days a week, and 365 days a year.
- If you have questions about the health information you see on **myNorthernLighthealth**, please contact your healthcare provider's office.