### HOW TO RETRIEVE MY MESSAGE

<table>
<thead>
<tr>
<th>Step</th>
<th>Action</th>
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| 1 | • Click on the **Is this secure message from someone on your healthcare team?** image in the notification email you received, or  
• Go to [www.myemhshealth.org](http://www.myemhshealth.org) |
| 2 | Click **Login**.  
![](image)

| 3 | Enter the username and password you created and click **Sign In**.  
![](image)  
**Note:** If you manage more than one person on myEMHShealth, you’ll be asked to select the person before continuing. |
| 4 | Click on the **Messaging** link.  
![](image) |